



RealCare Baby[®] Experience

Student Workbook



Name: _____

Participant Contract

I will make arrangements with my instructor to pick RealCare Baby® up at an agreed upon time to begin the simulation experience. I understand that as I take Baby home to participate in the simulated care-giving experience, I am responsible for its care. If I do not return it on the scheduled return day and time, I will be penalized in my grade for the class. If I fail to return Baby or do not return it in the same condition as Baby was when I took it home, I or my family will be responsible for paying the cost of replacing Baby.

Read each point aloud and sign at the bottom.

I promise to:

- accept full responsibility for Baby
- take care of Baby as if it were a real, live infant
- carry Baby and its' accessories with me at all times, even when I go to the bathroom
- keep Baby out of the reach of young children, pets or other animals
- always use a car seat, if available, to properly transport Baby in a vehicle
- never try to care for Baby while driving or operating machinery
- never leave Baby alone with someone else unless previously authorized by my instructor
- never expose Baby to water or moisture
- never place Baby in direct sunlight or in an area of excessive heat
- never abuse or neglect Baby; instead treat gently and patiently
- never tamper with Baby's electronics, ID, or wristband
- keep a complete record of all information required in my Infant/Toddler Schedule and Caregiver Journal
- keep Baby for the entire assigned period of time, turn in my completed Infant/Toddler Schedule, Caregiver Journal, and other assignments required at the end of my assigned time, and return Baby only to the instructor or person designated by the instructor

Participant Signature _____ Date _____

Parent/Guardian Signature _____ Date _____

Caregiver Self-Assessment

Directions: Answer the following questions by placing an “x” in the appropriate box, writing your response in the space provided or circling the best answer.

1. The youngest child I have cared for was:

- Infant (newborn to 12 months)
- Toddler (1 to 3 years)
- Preschooler (3 to 5 years)
- School-ager (5 years and older)
- I have never cared for a child.

2. The longest length of time I have cared for a child was:

- 1 to 4 hours
- 5 to 8 hours
- Overnight
- Days at a time
- I have never cared for a child.

3. I have cared for up to _____ children at a time

4. On a scale of 1 to 5, I would rate my skill in the following:

	Poor		Average		Excellent
Ability to make decisions	1	2	3	4	5
Ability to be patient with children	1	2	3	4	5
Ability to communicate with children	1	2	3	4	5
Ability to communicate with parents/caregivers	1	2	3	4	5
Ability to attend to infant's basic needs	1	2	3	4	5
Ability to have fun with children	1	2	3	4	5
Ability to think quickly in an emergency	1	2	3	4	5
Ability to perform first aid/CPR	1	2	3	4	5
Ability to handle misbehavior	1	2	3	4	5
Understanding of developmental stages	1	2	3	4	5

5. The reasons I want to be a caregiver are:

- _____
- _____
- _____