

# Cardiac Arrest Management and AED Curriculum



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## Lesson One – Cardiac Arrest Management and AED

# FOCUS: Developing Awareness of Patient-Focused Care

**30 minutes**

**Purpose:**

To help students develop an awareness of patient-focused care.

**Materials:**

- *Cardiac Arrest Management and AED (Focus on Empathy)* worksheet
- *Cardiac Arrest Management and AED (Focus on Empathy) Instructor Resource*
- *Cardiac Arrest Management and AED Pre-test*
- *Cardiac Arrest Management and AED Pre-test – Answer Key*

**Facilitation Steps:**

1. Distribute the *Cardiac Arrest Management and AED (Focus on Empathy)* worksheet prior to or at the beginning of class.
2. Have the *Cardiac Arrest Management and AED (Focus on Empathy) Instructor Resource* page available.
3. Pair up students and have them complete the *Cardiac Arrest Management and AED (Focus on Empathy)* worksheet.
4. Distribute the *Cardiac Arrest Management and AED Pre-test* and have students complete it.
5. Either collect the pre-test or have students self-correct, using the *Cardiac Arrest Management and AED Pre-test – Answer Key* as a resource.

# Cardiac Arrest Management and AED

## (Focus on Empathy)

**Skill:** Interacting and treating a patient during cardiac arrest

**READ** the following:

You and your partner are working on a BLS unit and are dispatched to an unconscious male at a local movie theater. There are no ALS units available at the time and you are only 2 minutes away from the movie theater. When you arrive, the theater manager meets you at the door and escorts you to the patient's location. The movie is still playing while the patient is slumped over in his seat. His wife is crying and says that he suddenly fell against her and would not respond. He is 53 years old with no known medical history, takes no medication, and is allergic to penicillin. CPR has not been initiated and there is no AED on scene. You ask the manager if he can stop the movie and turn the lights on while you and your partner move the patient to the floor. Your partner calls dispatch and asks for an ALS unit to be immediately dispatched as you check for responsiveness, a pulse, and breathing. The patient is pulseless, apneic, and unresponsive. You start compressions immediately while your partner readies the AED from your unit. The crowd starts complaining when the movie is stopped and the lights come on. The patient's wife is crying, asking if he is dead and trying to get to her husband, interfering with CPR.

**REFLECT** on the situation:

What emotions do you think the wife is feeling?

How should the EMT respond to her question if her husband is dead?

What could the EMT say to keep the wife from interfering with CPR?

What could the EMT say to the manager or to the patrons of the theater who are complaining?

**SHARE** your thoughts with a peer when it's discussion time.