

# Introduction to Auscultation

## Curriculum Overview

### Designed for:

- High school students
- Post-secondary students in health occupations courses
- EMT training courses
- Nursing training courses

### Length:

The activities in this curriculum will last approximately 1-2 hours. With supplemental materials, this curriculum can be adapted to a longer block of time.

### Goal:

To help participants learn and practice the skill of auscultating the respiratory, cardiac, and abdominal systems.

### Synopsis:

This curriculum and accompanying training torso will help participants learn common anatomical landmarks of the respiratory, cardiac, and abdominal systems. They will learn and practice the process and procedures involved in auscultation including what landmarks and sounds to utilize and listen for. Participants will also reflect on ways to show privacy and dignity in healthcare.

### Curriculum Components:

- Teacher's guide - Complete lesson, including detailed steps of activities, time and materials needed, student handouts and instructor information to teach the lesson
- Student materials
- Assessment tools
- PowerPoint presentation slides

### Learning Objectives:

#### Lesson 1: Introduction to Auscultation

- Identify auscultation sites for heart, lungs, and abdomen
- Demonstrate the correct pattern for auscultation
- Recognize abnormal cardiac, respiratory, and abdominal sounds