

Introduction to Basic Patient Care: Bathing

Curriculum Overview

Designed for:

- High school students
- Post-secondary students in health occupations courses
- Certified Nursing Assistant (CNA) training courses

Length:

The activities in this curriculum will last approximately 1 hour. With supplemental materials, this curriculum can be adapted to a longer block of time.

Goal:

To help participants learn to properly bathe a patient.

Synopsis:

This curriculum helps participants learn how to properly bathe a patient. The lesson begins with activities that students may complete before the content is presented. Educators have a choice to include the empathy activity focusing on patient-centered care to teach important nursing soft skills. The lesson uses a slide presentation and integrates the Geriatric Nursing Manikin to learn the proper procedure and documentation surrounding it, including perineal care. A brief quiz is included for assessment.

Curriculum Components:

- Teacher's guide - Complete lesson, including detailed steps of activities, time and materials needed, student handouts and instructor information to teach the lesson
- Student materials
- Assessment tools
- PowerPoint presentation slides

Learning Objectives:

- Identify guidelines for safe bathing
- Describe how bathing older adults differs from younger patients
- Demonstrate proper bathing technique