



# Geriatric Package:

A comprehensive solution for teaching Geriatric Skills

Engage your students in meaningful learning opportunities and help them develop important skills with Realityworks' Geriatric Package. This comprehensive package includes 21 hands-on resources and curriculum. Use this guide to see the specific geriatric nursing certification skills addressed by the products and curriculum in our Geriatric Package.



Product(s)	Curriculum Lessons	Hours of Content	Skills Addressed	
			10 Key Skills for working with elderly	Caregiver list of basic training course skills
 <p><b>2 Geriatric Simulators</b> This wearable simulator enables users to personally experience a variety of age related challenges.</p>	<ul style="list-style-type: none"> <li>• Exploring Geriatrics &amp; Gerontology</li> <li>• Visual Impairment</li> <li>• Declining Mobility Due to Aging</li> <li>• Impact of Aging on Bones &amp; Joints</li> <li>• Hearing Loss</li> <li>• Cognitive Changes with Aging</li> <li>• The Geriatric Experience</li> <li>• Amazing Aging</li> </ul>	10-15	<ul style="list-style-type: none"> <li>• Knowledge of the aging process</li> <li>• Promoting physical and emotional wellbeing</li> <li>• Recognition of common geriatric health issues</li> <li>• Keen observation and critical thinking skills</li> <li>• Verbal and non-verbal communication</li> <li>• Safe moving and handling techniques</li> <li>• Patience &amp; compassion</li> </ul>	<ul style="list-style-type: none"> <li>• Communication Skills</li> <li>• Assistance with Ambulation, Exercise, Transfers, Positioning, and Fall Prevention</li> <li>• Stroke Care and What Is Alzheimer's Disease?</li> </ul>
 <p><b>Geriatric Sensory Impairment Kit</b> This kit includes the Hearing Impairment, Geriatric Arthritis and Geriatric Tremor Simulators.</p>	<ul style="list-style-type: none"> <li>• Hearing Loss and Impairment</li> <li>• Impact of Aging on Bones &amp; Joints</li> <li>• Understanding Tremor in Elderly</li> <li>• The Geriatric Experience</li> </ul>	7-13	<ul style="list-style-type: none"> <li>• Knowledge of the aging process</li> <li>• Promoting physical and emotional wellbeing</li> <li>• Recognition of common geriatric health issues</li> <li>• Keen observation and critical thinking skills</li> <li>• Verbal and non-verbal communication</li> <li>• Safe moving and handling techniques</li> <li>• Patience &amp; compassion</li> </ul>	<ul style="list-style-type: none"> <li>• Communication Skills</li> </ul>
 <p><b>3 Geriatric Nursing Manikins</b> This life-size manikin features realistic joints and allows students to practice over 15 basic nursing functions.</p>	<ul style="list-style-type: none"> <li>• Basic Patient Care</li> <li>• Catheterization Procedures</li> <li>• Bathing and Range of Motion</li> <li>• Intramuscular Injections</li> <li>• Pressure Injuries</li> </ul>	5-7	<ul style="list-style-type: none"> <li>• Knowledge of the aging process</li> <li>• Promoting physical and emotional wellbeing</li> <li>• Recognition of common geriatric health issues</li> <li>• Keen observation and critical thinking skills</li> <li>• Verbal and non-verbal communication</li> <li>• Safe moving and handling techniques</li> <li>• Legal and ethical issues related to aging</li> <li>• Patience &amp; compassion</li> </ul>	<ul style="list-style-type: none"> <li>• Care Plan Notes for Documenting Client Activities</li> <li>• Communication Skills</li> <li>• Personal Care, Bathing, and Toileting</li> <li>• Assistance with Ambulation, Exercise, Transfers, Positioning, and Fall Prevention</li> <li>• Basic Hygiene and Basic Infection Control</li> <li>• Maintaining a Clean, Safe and Healthy Environment</li> <li>• HIPAA PART 1: Confidentiality of Client Info/HiTECH Act</li> </ul>
 <p><b>Geriatric Skin Conditions Kit</b> This kit includes 9 realistic models of common geriatric skin conditions that students can adhere to human or manikin skin.</p>	<ul style="list-style-type: none"> <li>• Identification and Care of Common Skin Conditions</li> <li>• Patient-Focused Care</li> </ul>	1	<ul style="list-style-type: none"> <li>• Knowledge of the aging process</li> <li>• Promoting physical and emotional wellbeing</li> <li>• Recognition of common geriatric health issues</li> <li>• Keen observation and critical thinking skills</li> <li>• Verbal and non-verbal communication</li> <li>• Patience &amp; compassion</li> </ul>	<ul style="list-style-type: none"> <li>• Care Plan Notes for Documenting Client Activities</li> <li>• Communication Skills</li> <li>• Personal Care, Bathing, and Toileting</li> <li>• Basic Hygiene and Basic Infection Control</li> <li>• Maintaining a Clean, Safe and Healthy Environment</li> </ul>
 <p><b>Pressure Injury Kit</b> This kit contains lifelike models of stages 1 through 4 pressure injuries and one heel wound pressure injury. The wound can be applied to manikins or patients.</p>	<ul style="list-style-type: none"> <li>• Patient-Focused Care</li> <li>• Contributing Factors and Assessment of Pressure Injuries</li> </ul>	1	<ul style="list-style-type: none"> <li>• Knowledge of the aging process</li> <li>• Promoting physical and emotional wellbeing</li> <li>• Recognition of common geriatric health issues</li> <li>• Keen observation and critical thinking skills</li> <li>• Verbal and non-verbal communication</li> <li>• Patience &amp; compassion</li> </ul>	<ul style="list-style-type: none"> <li>• Care Plan Notes for Documenting Client Activities</li> <li>• Communication Skills</li> <li>• Personal Care, Bathing, and Toileting</li> <li>• Basic Hygiene and Basic Infection Control</li> <li>• Maintaining a Clean, Safe and Healthy Environment</li> </ul>

Product(s)	Curriculum Lessons	Hours of Content	Skills Addressed	
			10 Key Skills for working with elderly	Caregiver list of basic training course skills
 <p><b>Elder Abuse Training Kit</b> 5 types of elder abuse and address risk factors, how to identify abuse, how to report abuse and how to prevent it</p>	<ul style="list-style-type: none"> <li>Physical Elder Abuse</li> <li>Elder Neglect and Self-Neglect</li> <li>Elder Sexual Abuse</li> <li>Elder Psychological and Emotional Abuse</li> <li>Elder Financial Abuse</li> </ul>	5-8	<ul style="list-style-type: none"> <li>Describe legal responsibilities, limitations, and implications on healthcare worker actions</li> </ul>	<ul style="list-style-type: none"> <li>Demonstrate methods of delivering and obtaining information, while communicating effectively</li> </ul>
 <p><b>Blood Pressure Simulator</b> This wearable simulator can be used on standard patients or manikins to practice proper techniques for taking blood pressure.</p>	<ul style="list-style-type: none"> <li>Patient-Focused Care</li> <li>Procedures for Taking Blood Pressure</li> </ul>	1-2	<ul style="list-style-type: none"> <li>Knowledge of the aging process</li> <li>Promoting physical and emotional wellbeing</li> <li>Recognition of common geriatric health issues</li> <li>Keen observation and critical thinking skills</li> <li>Verbal and non-verbal communication</li> <li>Patience &amp; compassion</li> </ul>	<ul style="list-style-type: none"> <li>Care Plan Notes for Documenting Client Activities</li> <li>Communication Skills</li> <li>HIPAA PART 1: Confidentiality of Client Info/HiTECH Act</li> </ul>
 <p><b>Hemiplegia Simulator</b> Use this wearable simulator to experience paralysis on one side of the body and gain understanding of life with this condition.</p>	<ul style="list-style-type: none"> <li>Physical Symptoms, Treatment and Prevention Hemiparesis</li> <li>Patient-Focused Care</li> </ul>	1-2	<ul style="list-style-type: none"> <li>Knowledge of the aging process</li> <li>Promoting physical and emotional wellbeing</li> <li>Recognition of common geriatric health issues</li> <li>Keen observation and critical thinking skills</li> <li>Verbal and non-verbal communication</li> <li>Safe moving and handling techniques</li> <li>Patience &amp; compassion</li> </ul>	<ul style="list-style-type: none"> <li>Care Plan Notes for Documenting Client Activities</li> <li>Communication Skills</li> <li>Assistance with Ambulation, Exercise, Transfers, Positioning, and Fall Prevention</li> <li>HIPAA PART 1: Confidentiality of Client Info/HiTECH Act</li> <li>Stroke Care and What Is Alzheimer's Disease?</li> </ul>
 <p><b>Geriatric Medication Management Simulation Kit</b> This kit enables users to experience a loss of tactile sensation and visual impairments while trying to manage prescriptions.</p>	<ul style="list-style-type: none"> <li>Medication Management for Elderly Patients</li> <li>Patient-Focused Care</li> </ul>	1-2	<ul style="list-style-type: none"> <li>Knowledge of the aging process</li> <li>Promoting physical and emotional wellbeing</li> <li>Recognition of common geriatric health issues</li> <li>Keen observation and critical thinking skills</li> <li>Verbal and non-verbal communication</li> <li>Patience &amp; compassion</li> </ul>	<ul style="list-style-type: none"> <li>Communication Skills</li> </ul>
 <p><b>Geri Foot Care Kit</b> This detailed, life-sized model features a variety of conditions such as, athletes foot, heel callus and more.</p>	<ul style="list-style-type: none"> <li>Common Foot Conditions Assessment, Causes and Treatments</li> <li>Patient-Focused Care</li> </ul>	1	<ul style="list-style-type: none"> <li>Knowledge of the aging process</li> <li>Promoting physical and emotional wellbeing</li> <li>Recognition of common geriatric health issues</li> <li>Keen observation and critical thinking skills</li> <li>Verbal and non-verbal communication</li> <li>Patience &amp; compassion</li> </ul>	<ul style="list-style-type: none"> <li>Care Plan Notes for Documenting Client Activities</li> <li>Communication Skills</li> <li>Personal Care, Bathing, and Toileting</li> <li>Basic Hygiene and Basic Infection Control</li> <li>HIPAA PART 1: Confidentiality of Client Info/HiTECH Act</li> </ul>

Product(s)	Curriculum Lessons	Hours of Content	Skills Addressed	
			10 Key Skills for working with elderly	Caregiver list of basic training course skills
 <p><b>Diabetes Education Kit</b> This comprehensive kit includes models, simulators, and activities to give students experience with diabetes management and prevention.</p>	<ul style="list-style-type: none"> <li>Diabetes Type II and Diabetic Foot Pressure</li> <li>Diabetes Management and Prevention</li> </ul>	2-3	<ul style="list-style-type: none"> <li>Knowledge of the aging process</li> <li>Promoting physical and emotional wellbeing</li> <li>Recognition of common geriatric health issues</li> <li>Patience &amp; compassion</li> </ul>	<ul style="list-style-type: none"> <li>Care Plan Notes for Documenting Client Activities</li> <li>Communication Skills</li> </ul>
 <p><b>Employability Skills Program</b> This engaging, easy-to-implement program uses hands-on activities and real-world application to teach students 20 soft skills. Program includes students workbooks, slide presentation, and 21 scenario cards.</p>	<ul style="list-style-type: none"> <li>Communication</li> <li>Teamwork</li> <li>Problem Solving and Critical Thinking</li> <li>Using Technology</li> <li>Time Management</li> <li>Interviews</li> <li>Motivation</li> <li>Work Ethic</li> <li>Listening</li> <li>Respect</li> <li>Responsibility</li> <li>Flexibility</li> <li>Interpersonal Skills</li> <li>Negotiation</li> <li>Networking</li> <li>Patience</li> <li>Presentation Skills</li> <li>Self Confidence</li> <li>Stress Management</li> </ul>	19-30	<ul style="list-style-type: none"> <li>Promoting physical and emotional wellbeing</li> <li>Keen observation and critical thinking skills</li> <li>Verbal and non-verbal communication</li> </ul>	<ul style="list-style-type: none"> <li>Communication Skills</li> </ul>
 <p><b>Geriatric Scenario Cards-5 packs</b> These pathway specific, workplace scenario cards cover real-world situations for nurses when working with geriatric patients.</p>	N/A		<ul style="list-style-type: none"> <li>Promoting physical and emotional wellbeing</li> <li>Keen observation and critical thinking skills</li> <li>Verbal and non-verbal communication</li> <li>Patience &amp; compassion</li> </ul>	<ul style="list-style-type: none"> <li>HIPAA PART 1: Confidentiality of Client Info/HiTECH Act</li> <li>HIPAA Part 2: Scenarios</li> </ul>

\*products can be purchased within package or individually. Visit [www.realityworks.com](http://www.realityworks.com) for pricing.

