

Nasco **Life/form**®

HOW TO CREATE A PRESSURE ULCER





Stage 1

When starting a moulage, first use an alcohol wipe to clean person or manikin.

Note: Makeup may stain manikin or person modeling. Check manufacturer's recommendations prior to using alcohol wipes on manikins.

Materials Needed:

- Alcohol pads
- Large pressure ulcer wound
- Manikin or person



Stage 2

Place wound where you want it so you get an idea how big the wound is, then place injury wheel red around wound. Remove wound and brush spirit gum on wound location and wound. Let spirit gum dry until it feels sticky.

Materials Needed:

- Injury wheel makeup
- Spirit gum



Stage 3

Apply wound to desired area and hold in place until wound and spirit gum begin to set.

Materials Needed:

- Large pressure ulcer wound
- Spirit gum



Stage 4

Use the modeling wax to place around the wound to add realism between the skin and moulage. Smooth out modeling wax around the area of the wound to create a seamless appearance.

Materials Needed:

- Modeling wax



Stage 5

Now you can begin adding the blue grease makeup. Use foam wedges to even out coloration. Small amounts of purple in the injury wheel can also be added.

Materials Needed:

- Blue grease makeup
- Foam wedges
- Injury wheel makeup – purple

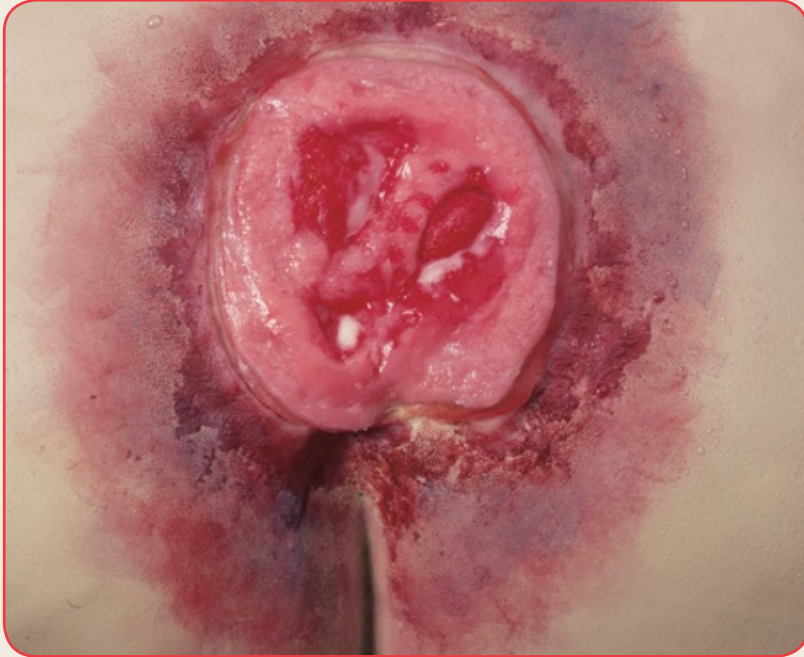


Stage 6

Add more makeup around wound. Use the red in the wheel injury and clotted red to surround the wound. Makeup can also be added.

Materials Needed:

- Makeup – Blue grease
- Makeup – Clotted red
- Makeup – Injury wheel red
- Makeup – Injury wheel purple



Stage 7

Add glycerine to the wound for a shiny, wet look that adds realism. **Note:** The steps given are only a suggestion – have fun and experiment!

Materials Needed:

- Glycerine

Other Available *Life/form*® Simulators



***Life/form*® Basic Nursing Wound Simulation Kit (LF00793U)**



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