



RealCare Baby[®] Implementation Guide

Engage students with innovative, real-world learning aids and curriculum



How many Babies do I need?

Ask yourself:

- How many students do you want taking RealCare Baby® home at the same time?
- How many weeks are you teaching this topic?
- How long will you send Baby home with students?

We recommend:

- Having several students care for Baby simultaneously to allow them to relate with each other on the experience
- Having students take Baby home for at least 72 hours
- Using the included curricula lessons to determine the length of your program (See teaching hours on the chart below)

For curricula samples and alignment documents visit: www.realityworks.com/rcb-implementation

Why do customers use RealCare Baby?

- To bring realism to childcare career classes
- To teach healthy decision-making and future goal-setting
- To aid in critical conversations on sex education, abstinence and teen interpersonal skills
- To show proper infant care skills and parenting tips
- To make learning fun

RealCare Baby includes four curricula:

Basic Infant Care

- Lesson topics:
 1. Role of the Caregiver
 2. Infant & Toddler Development
 3. Soothing a Crying Baby
 4. Handling Stress and Preventing SBS
 5. Holding & Feeding
 6. Bathing & Diapering
 7. Schedule & Tracking
 8. Emergency Procedures
 9. Breathing Emergencies
 10. Infant & Child CPR
 11. Safety First Aid & Infant Health
 12. Caregiving Hands-On Practice
- Teaching hours: 12-15

Life Skills and Healthy Choices for Middle School Students

- Lesson topics:
 1. Changes, Puberty, Adolescence
 2. What I Need to Survive These Years
 3. Media Influence on Decision Making
 4. Healthy Relationships
 5. Sexual Wellness
 6. Sexual Harassment
 7. STIs/HIV
 8. Birth
 9. Care and Needs of an Infant
 10. Hands-on Practice Caring for an Infant
 11. Handling Stress and Preventing Shaken Baby Syndrome
 12. An Abstinent Lifestyle
 13. Communicating and Saying No
- Teaching hours: 10-12

Parenting

- Lesson topics:
 1. Care and Needs of an Infant
 2. Safety, Health and Care
 3. Attachment, Autonomy, Trust and Brain Development
 4. Nurturing
 5. Education and Literacy Development
 6. Recreation and Play
 7. Parenting Styles
 8. Being a Parent - Hands-on Practice
 9. Financial Support
 10. Child Care and Day Care
- Teaching hours: 10-12

Healthy Choices

- Lesson topics:
 1. Plans and Values
 2. Influences Around Us
 3. Communication & Self Esteem
 4. Communication in Relationships
 5. Relationship Continuum
 6. Reproductive System, Fertilization & Conception
 7. Family Planning - Birth Control
 8. Benefits of Abstinence
 9. HIV and STIs
 10. Pregnancy & Prenatal Development
 11. Prenatal Exposure to Drugs or Alcohol
 12. The Birth Process
 13. Care and Needs of an Infant
 14. Impact of Baby on Goals, Relationships & Time
 15. Cost of a Baby
 16. Hands-On Practice Caring for an Infant
- Teaching hours: 12-15



“[The Babies] are a wonderful way to teach them the value of human life. They become more empathetic in their dealings with small children after taking this course.”

Marsha Chizek, FACS Teacher

RealCare Baby® 3

The RealCare Baby Program combines engaging lessons with an unforgettable experience caring for the world's most advanced infant simulator. The program includes curricula, student activities and presentation slides that address topics related to parenting, healthy choices and child care career skills.

What makes RealCare Baby so advanced - and so memorable?

Underneath this simulator's baby powder-scented skin is technology designed to add value to lessons on infant care and safety. Students experience true-to-life infant caregiver experiences thanks to several key technological advancements:



What's inside RealCare Baby?

Motion detectors to monitor physical movement

Detectors in Baby's head and neck monitor proper head support and detect Shaken Baby Syndrome.

A motion sensor responds to rocking and gentle patting (burping). It detects rough handling and proper positioning of Baby at all times.

Speakers to play real infant sounds

Nearly 100 recorded sounds from real babies are programmed into Baby, from breathing and crying to coughing and burping.

Clothing sensors to monitor appropriate attire

Wireless technology in Baby responds to clothing sensors, allowing Baby to detect the difference between all clothing items, from outerwear to diapers.

Wireless communication device

When plugged into your computer, the XStick® wirelessly connects Baby to your Control Center Software for programming and reporting.

Mouth sensors to monitor feeding

Sensors in Baby's mouth respond to bottle and breastfeeding device sensors to simulate feeding events.

Wristband sensors to recognize caregivers

Wireless technology lets Baby recognize preprogrammed wristbands, worn by caregivers that are tamperproof, waterproof and ensure accountability and accurate reporting.

Car seat detectors to monitor use time and temperature

Sensors in the car seat enable you to monitor the time Baby spends in the car seat and the temperature inside the car.

What is included with Baby?

- 2-piece outfit
- Sleeper
- Infant bodysuit
- 2 color-coded diapers
- Bottle
- ID with 5 wristbands
- Single charger



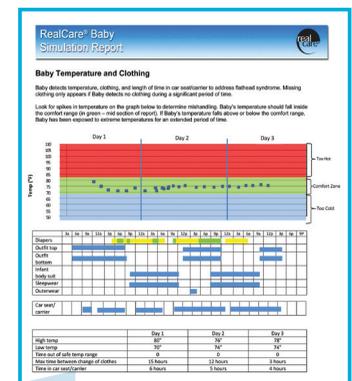
Every program needs one Starter Kit, which includes:

- An instructor key
- An XStick wireless communication adapter
- Online access to RealCare Control Center Software
- Curricula



Baby's wireless software can:

- Track care events, abuse, surrounding temperatures, time in a car seat and clothing changes
- Customize simulations using schedules based on real infants
- Program up to 100 Babies, up to 7 days in advance
- Check Baby's battery status
- Receive and print detailed assessment reports



See a detailed report at www.realityworks.com/rcb-implementation

Create a 21st Century Early Childhood Education Program

Realityworks is dedicated to creating state-of-the-art learning tools for skills training. With our comprehensive Early Childhood Education and Care packages, you can create an innovative environment that engages students with hands-on tools and real-world lesson plans.

What can your classroom look like?

RealCare Baby® Infant Car Seat/Carrier

Designed for real infants, this car seat with five-point harness is a safe and secure way for RealCare Baby® to travel. Includes Car Seat Detection Kit. Fabric pattern and color may vary.

RealCare Baby® 3 Infant Simulator

This smart baby holds students accountable and adds meaning to important job and life lessons by wirelessly tracking caregiver behaviors. Discussion opportunities on care events, mishandling actions, time in a car seat and clothing changes abound thanks to detailed reporting and comprehensive lesson plans.



RealCare Baby 3 infant simulators are available in male or female versions of each of these skin tone/facial feature options.

Child Care Center Design Kit

This interactive Child Care Center Design Kit includes curriculum and manipulatives to teach students best practices for laying out learning center rooms.

Employability Skills Program

By applying soft skills to real-world situations, students can use the activities in this program to learn 20 key soft skills, from communication and interpersonal skills to time management and responsibility.

Child Care Career Scenario Cards

These pathway/occupation-specific workplace scenario cards cover real-world situations in child care careers.

Student Workbooks

The worksheets, assessments and reflection activities in these workbooks to enhance experiences with RealCare Baby and the RealCare® Pregnancy Profile® Simulator.

RealCare® Pregnancy Profile® Simulator

This wearable pregnancy vest and curriculum helps users understand pregnancy's impact on the body as well as life goals, finances, relationships, and emotions.

Large RealCare Baby® Supply Pack

This convenient package includes everything you need to replace lost and disposable items, including 10 sets of diapers, 20 IDs, 50 participant care cards, 10 bottles, and 240 wristbands.

20-Baby Storage and Charging Cart

Our sturdy 20-Baby Storage and Charging Cart features lockable wheels and steering handles for easy transportation, plus lock-and-key storage to keep program components secure.

RealCare™ Shaken Baby

This interactive simulator and included curriculum help increase awareness of the dangers of Shaken Baby Syndrome and child abuse.

RealCare™ Drug-Affected Baby

By emitting the cries and demonstrating the withdrawal tremors of a drug-affected infant, the RealCare™ Drug-Affected Baby shows the potential impacts of drug use while pregnant.

RealCare™ Fetal Alcohol Syndrome Baby

This realistic manikin depicts the possible physical effects of prenatal alcohol use, helping students connect the potential impacts of alcohol use while pregnant in real life.

Premie Baby

Modeled after a preterm infant born at 30 weeks, this realistic manikin enhances lessons on the unique challenges and sometimes complicated medical problems often associated with preterm birth.

*All products can be purchased separately or in FCS pathway package options.

FCS Pathway Packages

Realityworks is dedicated to creating innovative learning tools for skills training so you can prepare your FCS students for high-demand, high-skilled, high-paying jobs.



Early Childhood Development Intro Pack

The Early Childhood Development Intro Package is one of three comprehensive solutions for starting or building an FCS pathway program. This package includes 15 hands-on resources as well as curricula. In addition, the curricula come with presentation slides, activities, and assessments.

See other FCS package options at www.realityworks.com



Small Early Childhood Care and Service Package

This package includes 21 hands-on resources plus curricula.



Large Early Childhood Care and Services Package

This package includes 31 hands-on resources as well as curricula.