“ACTUALLY
DIABETES DOESN’T MEAN I CAN’T HAVE SWEET THINGS

... I need a healthy, balanced diet, same as you.”

This Diabetes Week we’ll be uncovering the truth about diabetes; what it’s really like to live with it every day, and talking about the things you wish everyone knew about living with the condition.

For more information go to www.diabetes.org.uk/diabetesweek

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#diabetesweek #actuallydiabetes

Diabetes UK
CARE. CONNECT. CAMPAIGN.

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“ACTUALLY DIABETES IS MORE THAN JUST DIET OR INSULIN OR INJECTIONS

... It can be tough and sometimes I need a bit of support.”

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“ACTUALLY THERE ARE DIFFERENT TYPES OF DIABETES”

... But they’re all serious and need careful management.

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“ACTUALLY
MORE PEOPLE
HAVE DIABETES IN THE UK
THAN CANCER AND DEMENTIA
COMBINED

... We need to start taking it seriously. ”

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